



WIRRAL HOSPITALS' SCHOOL

"Working together to make everything better"

SOCIAL THINKING

Part 4 - Session 12

Theme: Perspective Taking

I Can Change How You Feel!

Aims:

- For students to be able to make smart guesses to infer an emotion from a behaviour.
- For the students to understand the different behaviours that impact upon the feelings of others.
- For students to understand that their own behaviour can change the feelings of others. (Teacher prompt – "You helped to change how I feel.")

Activity	Procedure	Equipment
Personal memories	Think about something you did today or yesterday. How did you change how another person was feeling? Think about what you did.	Smart Guess prompt "I can change how you feel." (Prompt card) Worksheet

I Can Change How You Feel.....

How do you think the person was feeling before your actions?

How did they feel after your actions?

What did you do to change their feelings?