



**WIRRAL HOSPITALS' SCHOOL**

*"Working together to make everything better"*

## SOCIAL THINKING

### Part 4 - Session 11

#### Theme: Perspective Taking

I Can Change How You Feel!

#### Aims:

- For students to be able to make smart guesses to infer an emotion from a behaviour.
- For the students to understand the different behaviours that impact upon the feelings of others.
- For students to understand that their own behaviour can change the feelings of others. (Teacher prompt – "You helped to change how I feel.")

Activity	Procedure	Equipment
Revise Smart Guesses/ Remind re; changing others' feelings	Revise prompt cards & discuss	Smart Guess prompt "I can change how you feel." (Prompt card)
Changing feelings worksheet	Think of actions you could carry out to make someone feel different emotions. Think about what you would need to do to achieve this.  Discuss responses.	Smart Guess prompt "I can change how you feel." (Prompt card)  Work sheet

**I Can Change How You Feel.....**

How could you make someone feel.....

...appreciated?

...included?

...cared for?