

SOCIAL SKILLS		
Part 2 - Session 5		
Theme: Perspective Taking	Whole Body Listening.	
<p><b>Aims:</b></p> <ul style="list-style-type: none"> <li>• For students to be aware of 'Active Listening' as a 'whole body' experience.</li> <li>• For the students to be able to identify the use of 'Active Listening' in others.</li> <li>• For students to be able to demonstrate the use of 'Active Listening'.</li> </ul>		
Activity	Procedure	Equipment
Re-introduce whole body listening cards.	Show cards & remind students about 'Active Listening'.	Whole Body Listening cards
Role-Play	<p>2x staff act out a role-play – students to identify good/poor aspects of listening. Use cards to help students to think of whole body.</p> <p>Students to work in pairs to act out a scenario. Other students to observe good/poor aspects of Active Listening. Use cards to help students think of whole body.</p>	<p>Whole Body Listening cards</p> <p>Scenarios with listening instructions</p>

### Teacher Notes

This time present whole body listening cards that are already matched up e.g. picture of eyes with written information i.e. "Use them to look at people's faces and eyes when they are talking to you, to think about how they are feeling."

Role-play – verbal and non-verbal interactions. You can set the scene for the students watching the role play. Feel free to make up new role plays!

Cut the role-play cards up, so that one can be given to each of a pair of students. Give observing students the question cards.



**WIRRAL HOSPITALS' SCHOOL**

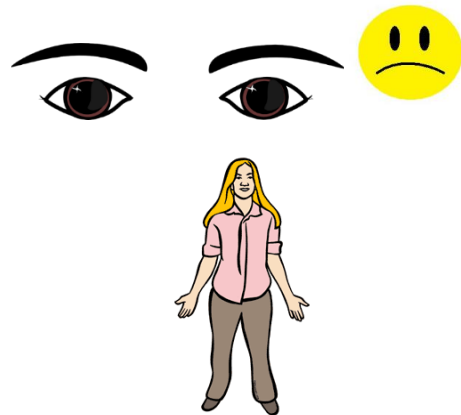
*"Working together to make everything better"*

You are a mum/dad telling their teenage daughter/son to be back home by 9pm.



Use your eyes to demonstrate 'Active Listening'.

You are a teenage son/daughter going out with some friends. Your mum/dad is telling you when to come home. Ignore what they are saying.



Don't use your eyes to listen.

Turn your body away.

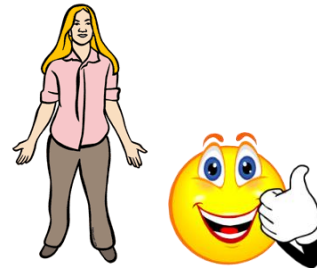
How did they use their body to show 'Active Listening'?



Did you notice any listening problems?

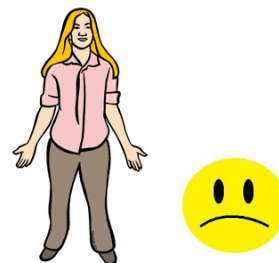


You are a school pupil. Ask for a sandwich in the canteen.



Turn your shoulders, hips and feet towards your listener.

You work in the canteen. Ask the student what they would like for lunch.



Turn your shoulders, hips and feet away from the speaker.

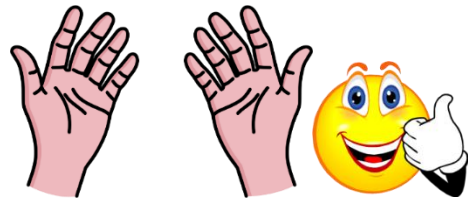
How did they use their body to show 'Active Listening'?



Did you notice any listening problems?



You are a teacher asking a student for their homework.



Use your hands to show 'Active Listening'.

You are a student. Your teacher is asking you for your homework but you forgot to bring it into school.



Use your hands to distract the other person.

How did they use their body to show 'Active Listening'?



Did you notice any listening problems?



You are telling your friend about a film that you went to see at the weekend.



Lean forward so that you are not using your chest/body to listen.

You are listening to your friend talk about a film that they saw at the weekend.



Use your mouth to show that you are not listening.

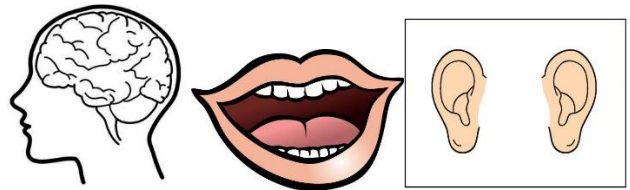
How did they use their body to show 'Active Listening'?



Did you notice any listening problems?



You are telling your friend about your holiday.



Don't answer your friend's questions – just carrying on talking.

Your friend is telling you about their holiday.



Show that you are listening by asking questions about the holiday.

How did they use their body to show 'Active Listening'?



Did you notice any listening problems?





**WIRRAL HOSPITALS' SCHOOL**

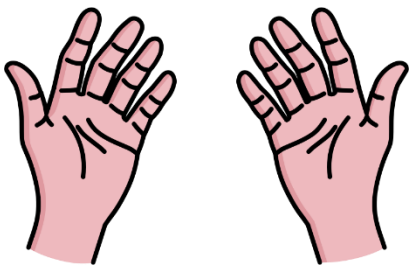
*"Working together to make everything better"*

### Whole Body Listening Cards



How do you use your feet to show that you are listening?

Make sure that they are not distracting the person that is talking.



How do you use your hands to show that you are listening?

Make sure that they are not distracting the person that is talking.





How do you use your shoulders, hips and feet to show that you are listening?

Turn them towards the person that is talking.



How do you use your brain to show that you are listening?

Use it to think about what the other person is talking about.



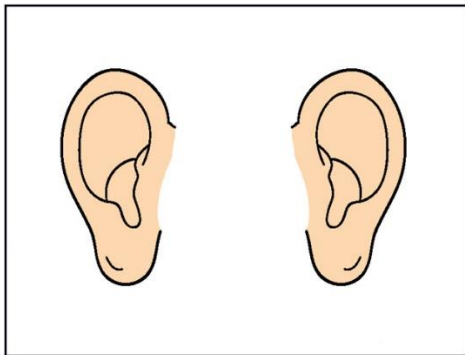
How do you use your mouth to show that you are listening?

Use it to make comments or ask questions about what the person is talking about.



How do you use your body to show that you are listening?

Keep it up and turned towards the person that is talking.



How do you use your ears to show that you are listening?

Use them to hear what the person is talking about.



How do you use your eyes to show that you are listening?

Use them to look at people's faces and eyes when they are talking to you, to think about how they are feeling.

