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| **No.** | **Strategy** | **What is it?*****To reduce the anxiety of the unknown*** |
| 1 | Learning Journey | A visual plan of the order of activities within a lesson |
| 2 | Change Board | A visual plan of any changes to the school day. E.g. Cover teacher, trips, photographs of any visitors |
| 3 | Visual Task Plan | A prompt sheet of individual tasks to help scaffold instructions |
| 4 | Word Webs | A SALT influenced strategy to support the learning of complex vocabulary  |
| 5 | Mind Maps | A SALT influenced strategy to support strand of learning |
| 6 | JPC social stories / visual plans | A visual plan to inform students of new or different activities |
| 7 | Social Thinking  | A SALT influenced strategy that develops better social communication and problem solving |
| 8 | Chat Cartoons  | A SALT influenced strategy to support perspective taking and problem solving |
| 9 | Form Change Board | A visual outline of any changes to the day for an individual Form Group |
| 10 | TA Individual Timetables  | A short-term strategy to reduce anxiety |
| 11 | Now and Next | Visual schedule to help with structure  |
| 12 | Comprehension Monitoring | Delivered via cooking to explore students understanding of instructions |