

Learning for Life PSHEE Key Stage 3 Learning Overview

Personal Social, Health and Economic Education

A JPC we follow the thematic approach to PSHEE as recommended by the 'PSHE Association'. We use 'Quality Assured' resources recommended from the PSHE Association to support our planning. We use the recommended SEND resources and this allows us to track how students 'respond' to the material in terms of their neurodiversity, anxiety and social and communication. We do not track 'progress' or test for 'knowledge'. The 'experiential' tracking is valid due to the external validation of materials for the PSHE Association and Gatsby Benchmark areas we cover. Therefore, because of the medical diagnosis' of our students we are not using Age Related Progress indicators but the SEND framework. This more closely relates to our student's levels of understanding.

We may also have support from external providers such as 'Healthy Services in Schools' and 'Brook'. Therefore, the order of delivery may sometimes change.

Year Group	Autumn 1 Health & wellbeing	Autumn 2 Living in the wider world	Spring 1 Relationships	Spring 2 Health & wellbeing	Summer 1 Relationships	Summer 2 Living in the wider world
Year 7/8 Year one	Topic: Identity Focus: All about me! Topic: Drugs and alcohol Focus: Alcohol and drug misuse	Topic: Developing skills and aspirations Focus: Careers, teamwork and enterprise skills, and raising aspirations	Topic: Diversity Focus: Diversity, prejudice, and bullying	Topic: Health and puberty Focus: Healthy routines, influences on health, puberty, unwanted contact, and FGM	Topic: Building relationships Focus: Self-worth, romance and friendships (including online) and relationship boundaries	Topic: Financial decision making Focus: Saving, borrowing, budgeting and making financial choices
Year 7/8 Year 2	Topic: Identity All about me!	Topic: Community and careers	Topic: Discrimination	Topic: Emotional wellbeing	Topic: Discrimination	Topic: Digital literacy

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	<p>Topic: Drugs and alcohol Focus: Alcohol and drug misuse and pressures relating to drug use</p>	<p>Focus: Equality of opportunity in careers and life choices, and different types and patterns of work</p>	<p>Focus: Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia</p>	<p>Focus: Mental health and emotional wellbeing, including body image and coping strategies</p>	<p>Focus: Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia</p>	<p>Focus: Online safety, digital literacy, media reliability, and gambling hooks</p>
Year 9	<p>Topic: Identity Focus: All about me! Peer influence, substance use and gangs Focus: Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation</p>	<p>Topic: Setting goals Focus: Learning strengths, career options and goal setting as part of the GCSE options process</p>	<p>Topic: Respectful relationships Focus: Families and parenting, healthy relationships, conflict resolution, and relationship changes</p>	<p>Topic: Healthy lifestyle Focus: Diet, exercise, lifestyle balance and healthy choices, and first aid</p>	<p>Topic: Intimate relationships Focus: Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography</p>	<p>Topic: Employability skills Focus: Employability and online presence</p>

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