

CYP Mental Health Services (CYPMHS)_Wirral

Professional referral:
www.mymind.org.uk

Our switchboard:
 0300 303 3157
 This is NOT a referral line

Family request for help on:
www.mymind.org.uk



If there is a **crisis** call the
CWP Crisis Line on
0800 145 6485
 (24 hours a day, 7 days a week),



Recommended places for info:

www.mymind.org.uk and www.familytoolbox.co.uk
 and www.wirralinfobank.co.uk

CYPMHS may offer a young person an assessment, or advise that a community based emotional health and wellbeing provider is a better starting point for the needs identified



Journey if assessed as needing CYPMHS specialist intervention:

- Allocated to waiting list
 - Allocated key worker
 - Offered 5 sessions to identify needs / goals
 - Pathway identified
- Further sessions
 Medication may ONLY be considered if stabilisation is clinically required